

Indice

- Semeiotica addominale
- La sala operatoria
- Valutazione preoperatoria
- Complicanze in chirurgia
- Il reparto di chirurgia



Indice

- Semeiotica addominale
- La sala operatoria
- Valutazione preoperatoria
- Complicanze in chirurgia
- Il reparto di chirurgia



Learning points

- ✓ Learn anatomical landmarks
- ✓ Learn the main points from the patient's history taking
- ✓ Learn main abdominal symptoms
- ✓ Learn how to do abdominal examination
- ✓ Learn how to do rectal examination



Anatomical landmarks

The knowledge of the anatomy is always of paramount importance – especially for the 'belly'. The abdomen contains many different organs, of which anatomy must be known.



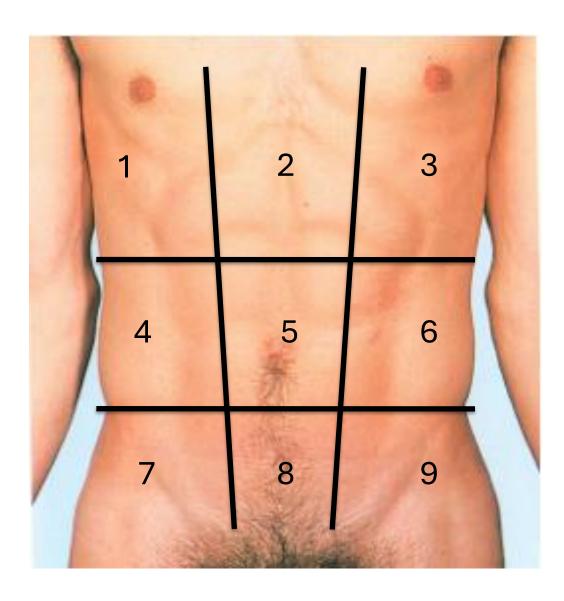




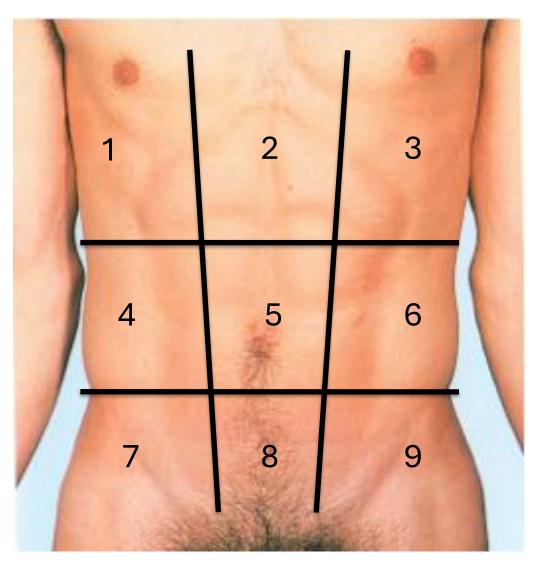
Anterior

Posterior



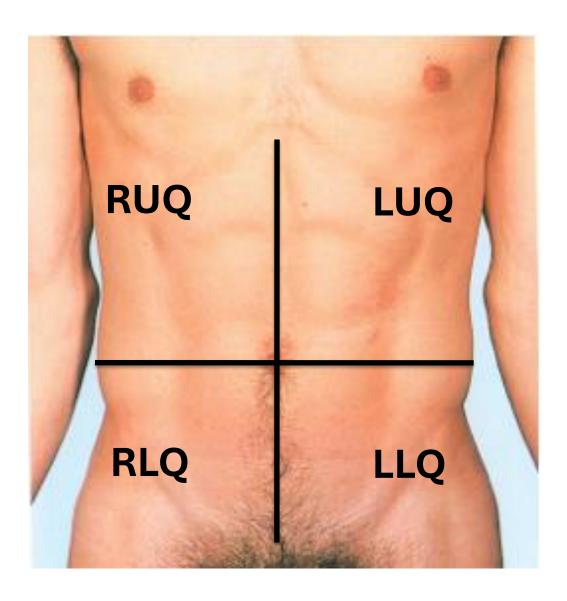




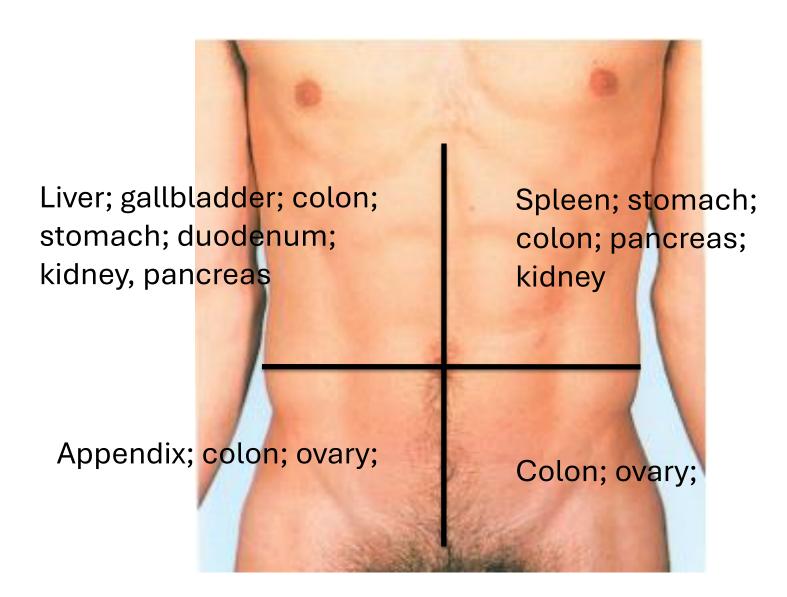


- 1. Right hypocondrium
- 2. Epigastrium
- 3. Left hypocondrium
- 4. Right lumbar/flank
- 5. Mesogastrium
- 6. Left lumbar/flank
- 7. Right iliac
- 8. Hypogastrium
- 9. Left iliac



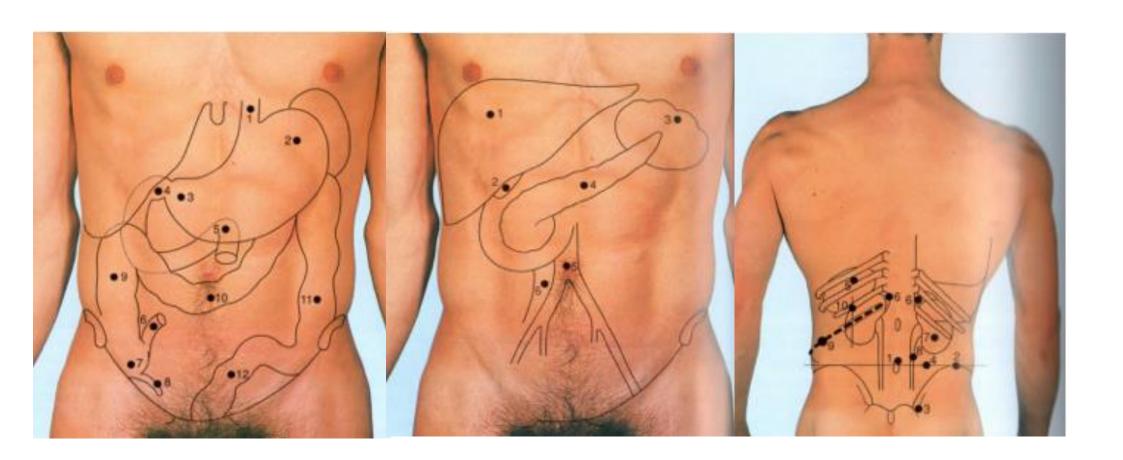












Always consider the topography of the abdominal organs in their anterior and posterior projection on the surface.

This is one the main clues to make diagnosis.



The history

Important questions may point to the diagnosis.

Do not overlook the patient's history.

Always keep attention to the patient's descriptions of her/his symptoms. Sometimes they make the diagnosis by themselves.



The history

Which are such questions?

- ✓ Age
- ✓ Gender
- ✓ Occupation
- ✓ Social history
- ✓ Family history
- + Always epidemiology and geography of diseases



The history

Which are such questions?

- ✓ Age
- ✓ Gender

Different diseases for different age & gender.

Example:

Acute pain in left lower quadrant in a 60-year old female or in a 20-year old female. The first is likely to have diverticulitis, while the second may have an appendicitis or urogynecological problem.



- ✓ Systemic manifestations of abdominal diseases
- ✓ Abdominal pain
- ✓ Abdominal lump/mass
- ✓ Gastrointestinal manifestations
- ✓ Gynecological history & symptoms
- ✓ Past medical history



Systemic manifestations of abdominal diseases includes:

- ✓ Fever
- ✓ Loss of appetite
- ✓ Weight loss and weight gain
- ✓ Nausea
- ✓ Pallor
- ✓ Jaundice
- ✓ Itch and bruising



Abdominal pain (main symptom)

- ✓ When did the pain start?
- ✓ Where does it occur?
- ✓ When does it occur?
- ✓ How is the pain? Is it sharp, dull, burning, gripping, etc...?
- ✓ How often is the pain?
- ✓ Where does the pain radiate to?
- ✓ What are the aggravating or relieving factors?



Abdominal lump/mass

✓ Is there any hernia?

✓ Is there any tumor?

✓ Is that mass pulsating?



Gastrointestinal manifestations

- ✓ Swallowing: is there any difficulty to swallow?
- ✓ Vomiting: what is the timing and relations with food intake? What is the color? Is that opalescent (saliva or stomach juice) or yellow or green (bile) or brown (fecal)? Is there blood inside?



Gastrointestinal manifestations

- ✓ Indigestion or heartburn: ask is there is any heartburn sensation.
- ✓ Abdominal distension and bloating
- ✓ Ask for bowel habit: has there been any change in that? Any increasing constipation or diarrhea?
- ✓ Ask for blood from the anus.



Gastrointestinal manifestations
In such cases of blood from the anus always ask:

- ✓ Was that blood fresh red (recent) or dark red (old)?
- ✓ Were there clots?
- ✓ Was that blood on the stool or on the paper toilet?
- ✓ How often?



Gynecological history & symptoms

- ✓ Ask always for the last menstrual period.
- ✓ Is that pt currently pregnant?
- ✓ Ask whether there is any vaginal discharge, pain, spotting, etc ...

Consider than many women are disoriented about their periods. Do not overlook gyn-diseases



Past medical history

- ✓ Ask for previous surgery especially in the belly. Always focus on the issue. Don't care about tonsillectomy or orthopedic surgery.
- ✓ Ask for medical diseases.
- ✓ Ask for chronic use or abuse of medications.



The belly's examination

- ✓ Inspection
- ✓ Auscultation
- ✓ Palpation
- ✓ Percussion



Inspection

- L'ispezione inizia non appena viene visto il paziente (anche da lontano ...)
- In semeiotica medica, aspetto fisionomico caratteristico di certe malattie o sindromi morbose, particolarmente visibile nel volto

 Facies: Ippocratica o addominale: guance pallide, incavate, occhi infossati e cerchiati, labbra cianotiche e asciutte, sguardo opaco, lingua secca, labbra. Indicativa di peritonite.



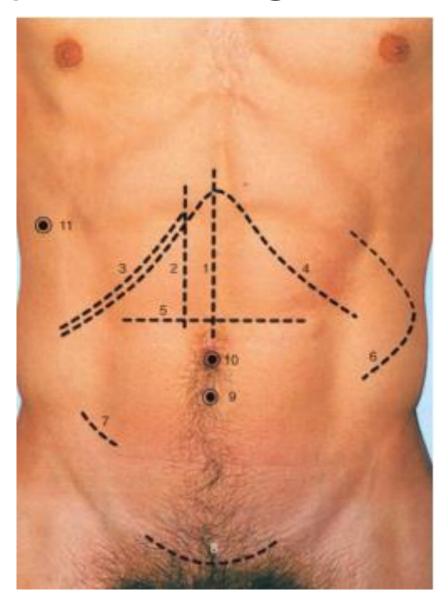
Inspection

Watch for:

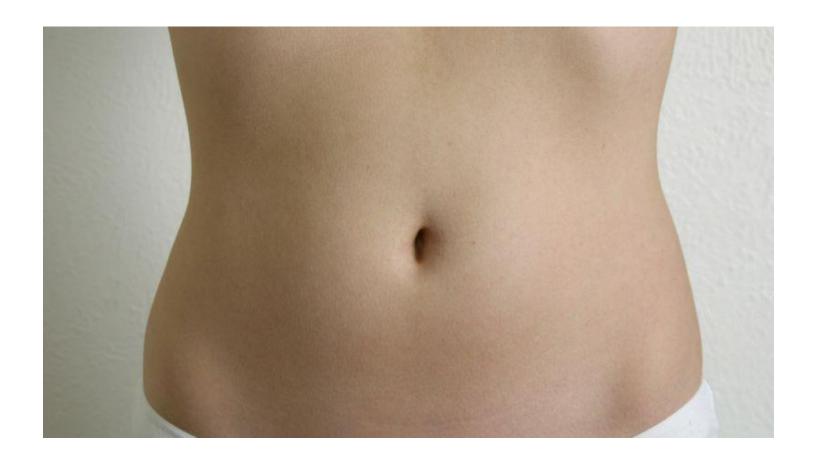
- ✓ Ask to the patient to lie down on the back and uncover the belly, which means from the sternum to the pubis
- ✓ Look for the morphology (flat, obese, any distension)
- ✓ Presence or absence of movements during the respiration
- √ Abdominal lump/mass
- ✓ Asymmetry
- ✓ Describe the umbilical scar and any surgical scars
- ✓ Skin lesions, any venous circles
- ✓ Stoma bag
- ✓ In case of lump ask to the patient to cough to check any movement (hernia)



Inspection: surgical scars























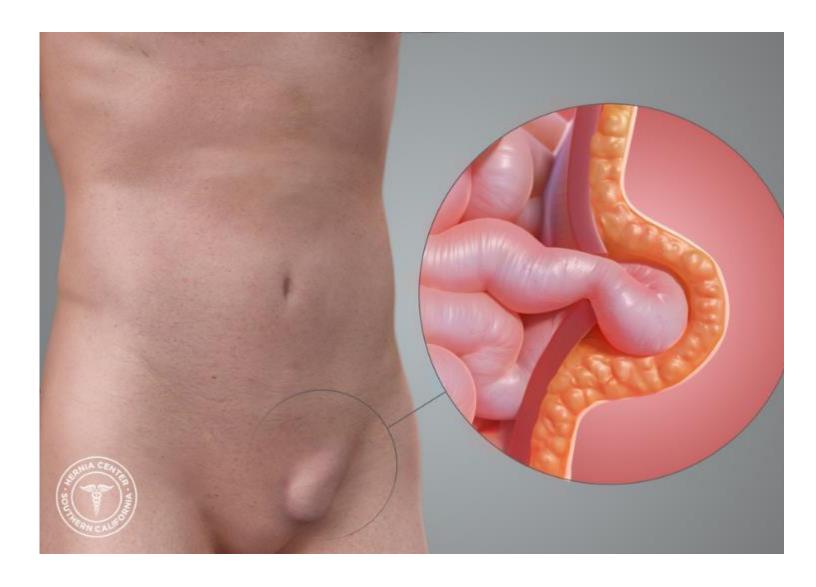












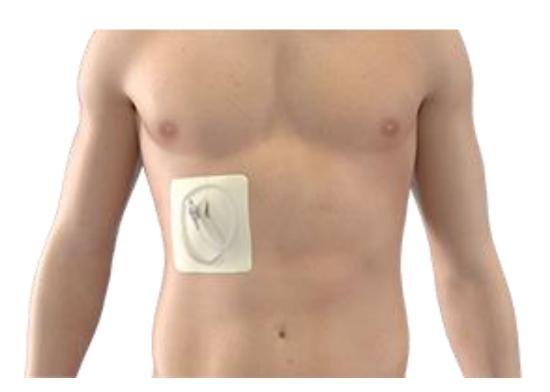
Figure-1: Huge abdominal distension pre-operatively.

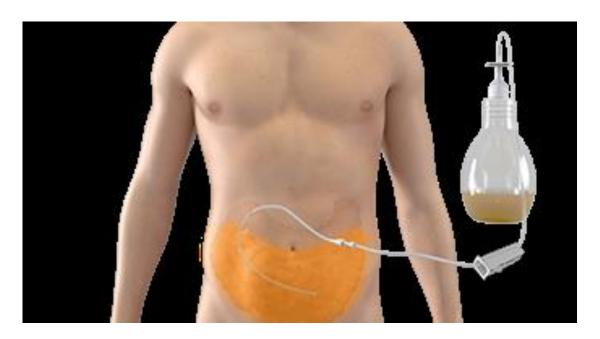




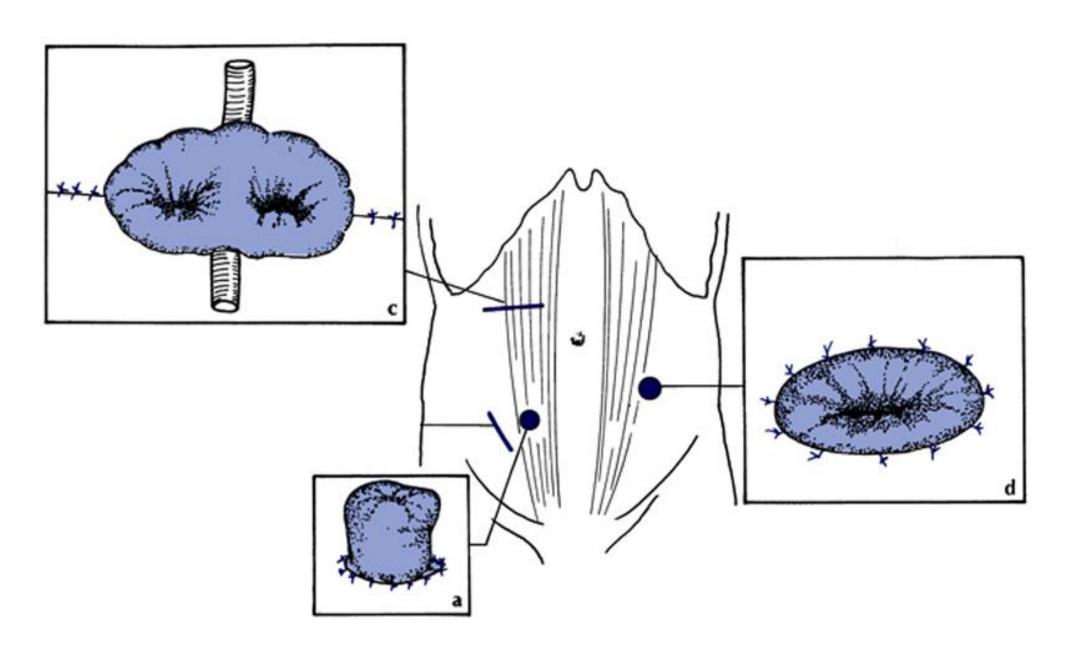














Auscultation

- ✓ It is useful to listen the bowel sounds, which may be absent in case of peritonitis or ileum or may be very frequent in case of bowel occlusion
- ✓ Vascular bruits in the aorta, femoral and renal arteries may be listen
- ✓ Stimulate the peristalsis by gentle palpation con fingertips



Auscultation

https://www.practicalclinicalskills.com/



Palpation

- ✓ The patient must be supine, with arms by sides
- ✓ Stand at patient's right-side
- ✓ Always ask the patient's permission to palpate the abdomen
- ✓ Try to have warm hands
- ✓ Ask where the abdomen is sorest, and palpate that part at last
- ✓ Palpate the belly watching the patient's face to see any discomfort, which may point to the diagnosis
- ✓ Start with superficial, than with deeply palpation with one and/or two hands
- ✓ Follow a kind of round path touching all the quadrants



Palpation

- ✓ In case of mass: define the limits, the size, the site, if it is mobile or fixed, if it is painful, and the consistency (elastic, hard, soft, etc...)
- ✓ It us useful to check the liver and spleen volume. In normal cases such organs cannot be palpated.



Liver palpation

- ✓ Normally not palpable
- ✓ Starting from the right lower quadrant one or two hands are gently moved up to the right upper quadrant and pressed in and up, asking the patient to take a deep breath. If the liver is enlarged, it will come down to meet the fingertips and will be recognizable. It is possible to describe also the quality of the liver margins (smooth, irregular, etc..).



Spleen palpation

- ✓ Normally not palpable
- ✓ Starting from the left lower quadrant one hand is gently moved up to the left upper quadrant and gently pressed in and up, asking the patient to take a deep breath. Then the lower margin of the spleen may be palpated in some cases of splenomegaly.



Always focus on:

- ✓ **Abdominal defense or guarding**: is the tensing of the abdominal muscles to guard inflamed organ. When the belly is pressed the operator can feel the muscles tension, which may be limited to one quadrant or extended to all of them (limited defense or diffuse defense).
- ✓ Rebound tenderness: is the pain upon the removal rather than the application of the pressure. It indicates a peritonitis, which may be confined to a quadrant or diffuse.



Main abdominal signs/maneuvers

- ✓ Murphy's sign: it is performed by asking the patient to breath and then gently placing the hand below the costal margin approximately at the mid-clavicular line. It's positive in case of acute gallbladder diseases.
- ✓ **Blumberg's sign**: it is the same of the rebound tenderness. The abdominal wall is gently compressed and rapidly released. It's positive in peritonitis.
- ✓ Rovsing's sign: If palpation of the left lower quadrant increases the pain felt in right lower quadrant the sign is positive and the patients may have appendicitis.
- ✓ **McBurney's sign**: it is a positive Blumberg's sign in the McBurney point, which is at one-third of the distance between the anterior superior iliac spine and the umbilicus



Percussion

- ✓ It is useful to distinguish hollow from solid structures, and
 to define their limits.
- ✓ Gentle percussion of the acute abdomen is a much kinder way to check rebound pain rather than traditional palpation
- ✓ It may be used to distinguish free fluids in the belly (ascites)



Rectal examination (RE)

Equipment:

- ✓ Disposable, not sterile, gloves
- ✓ Lubricant
- ✓ Lighting

Always explain to the patient how & why the examination is done. The examination is uncomfortable but usually painless.

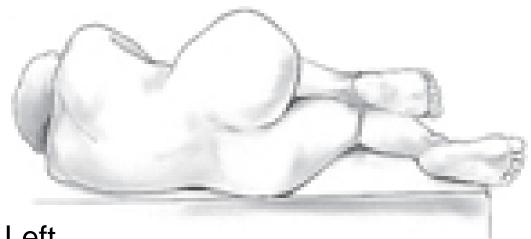


Positions for RE

- ✓ Most common: left lateral position with flex hips and knees (sometimes refer as Sims's position)
- ✓ Other: gynecological position or lithotomy position. This is very useful but it requires a gynecological bed. Genupectoral position rarely used.

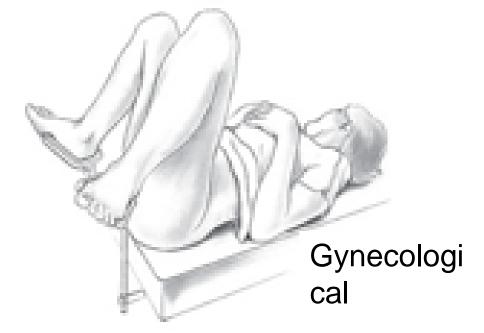


Positions for RE



Left lateral

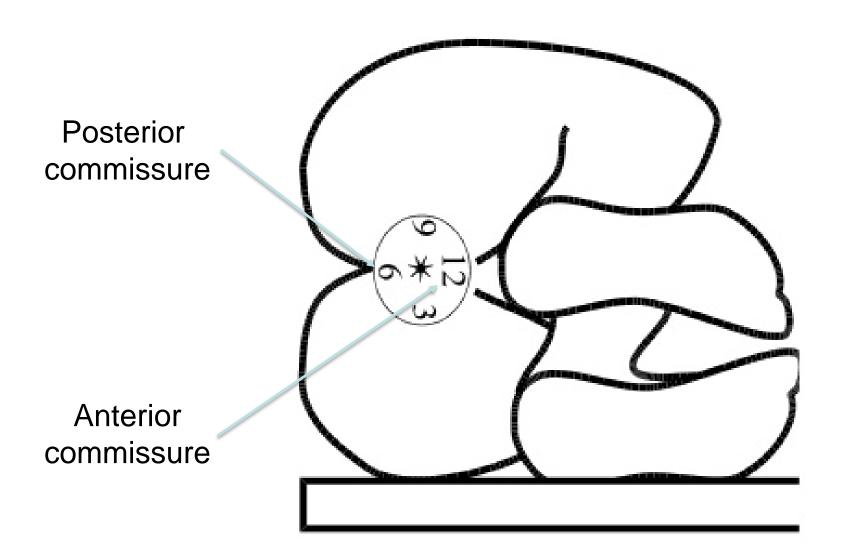




Genupectural

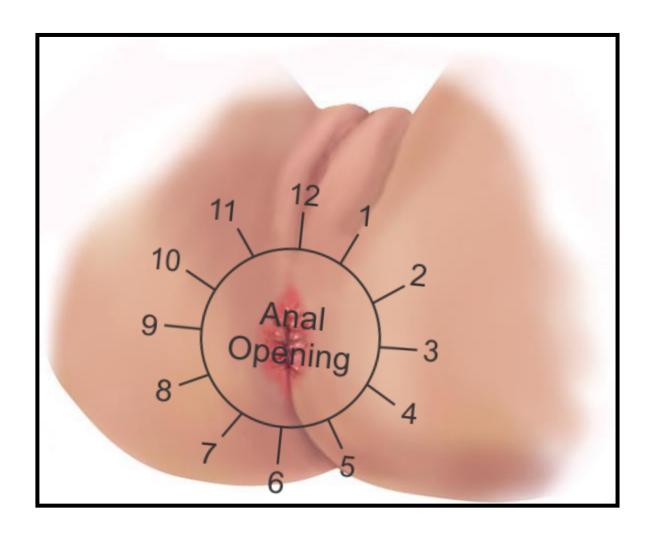


Clock's hours





Clock's hours





- ✓ Gently open the buttocks to expose the perineum
- ✓ Inspect the skin around the anal verge and watch for any fissure, liquid discharge, lump
- ✓ Describe any finding using the clock's hours considering the posterior commissure as 6 o'clock, that is the pubis at 12.



- ✓ Lubricate the right index finger, press upon the verge, slip into the anal canal easily
- ✓ Always check if the patient feel any pain, and in such case look for the specific painful area/point
- ✓ Once inside, ask the patient to squeeze the finger with the aim to check the anal tone
- ✓ You'll learn with practice to distinguish normal tone from low or high tone

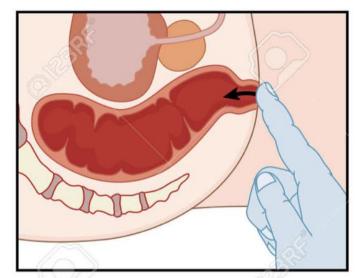


- ✓ Now the finger is moved through 180° from the right and left side to feel all the anal canal and distal rectum
- ✓ Any lump or wall lesion should be felt
- ✓ In male the prostate gland can be felt
- ✓ In female the cervix and the uterus can be checked

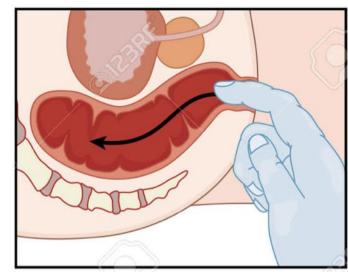


- ✓ In case of any mass, its limits and consistency should be noted
- ✓ To describe the internal findings do not use the clock's hours rather:
- Anterior or superior wall
- Inferior or posterior wall
- Right lateral wall
- Left later wall
- ✓ Watch for stool color on the finger (blood?)

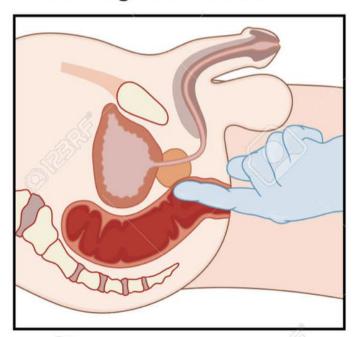


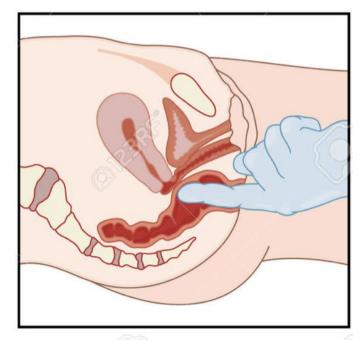


1. Insert the tip of the gloved index finger into the anus



2. Introduce your finger to follow the curve of the sacrum





3 and 4. Rotate the finger anteriorly to palpate the anterolateral and lateral walls and the prostate or cervix





Questions?



Indice

- Semeiotica addominale
- La sala operatoria
- Valutazione preoperatoria
- Complicanze in chirurgia
- Il reparto di chirurgia







Surgical team





Cleaning and washing hands



Surgical dress



Preparation of a surgical field







Dress code

- No watch
- No bracelets
- No rings
- No earrings
- ☐ Keep short and clean nails
- ☐ Keep your hair tied up





Code behaviour

Turn off your mobile
Don't chat
Be respectful of patient's privacy
Don't hinder the job of doctors and nurses
Pay attention of sterile fields anf things
Be aware of kind of operation and specific anatomy
Ask for informations only in quiet moments
Don't enter or leave the operating room when
operation is in progress





LAPATOMIA

LAPAROSCOPIA

CH. ROBOTICA

RADIOFREQUEZA

EMBOLIZZAZIONE

CHEMIOEMBOLIZZAZIONE







- √ Stesso intervento che in laparotomia
- √ Stesse indicazioni
- ✓ Minore dolore post-operatorio
- ✓ Minore degenza ospedaliera
- ✓ Minore riabilitazione
- ✓ Migliore estetica







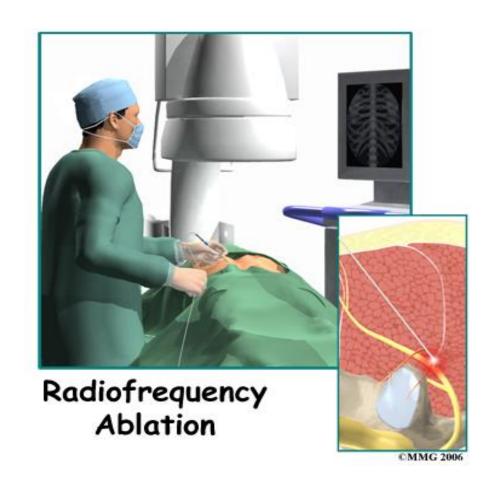






Interventional procedures

- Radiofrequenza
- Embolizzazione
- TACE (trans-catheteral arterial chemioembolization)





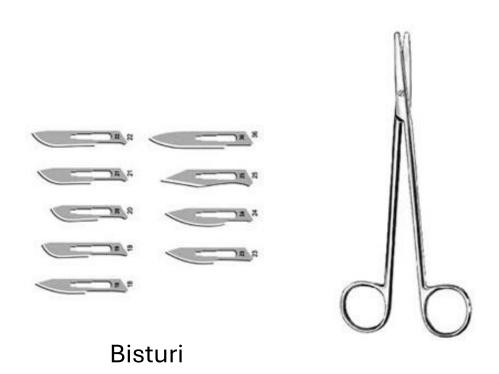
-TOMIA

-SCOPIA

-CTOMIA

-RAFFIA



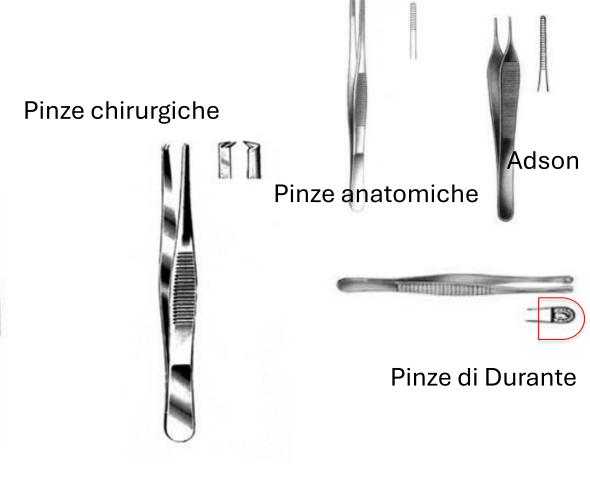


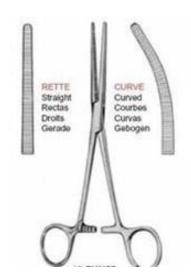
Forbici di Metzenbaum

www.tajamalsons.com Forbici di Potts

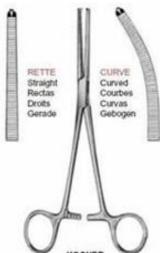
Forbici di Mayo





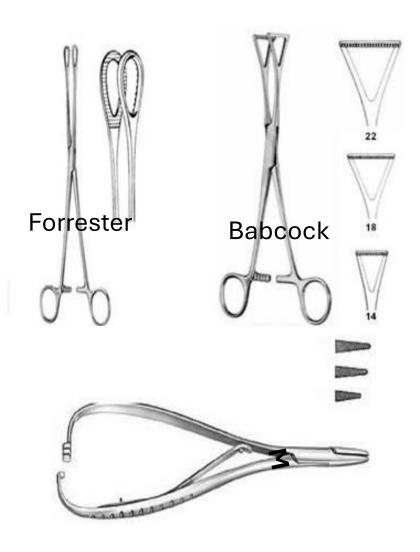


Klemmer

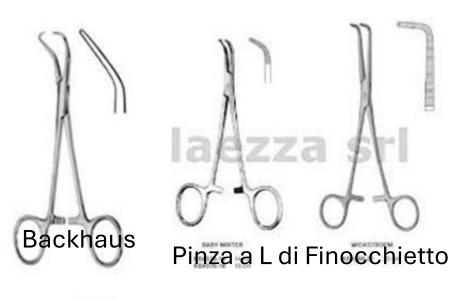


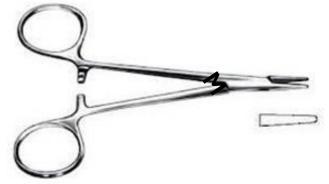
Kocher





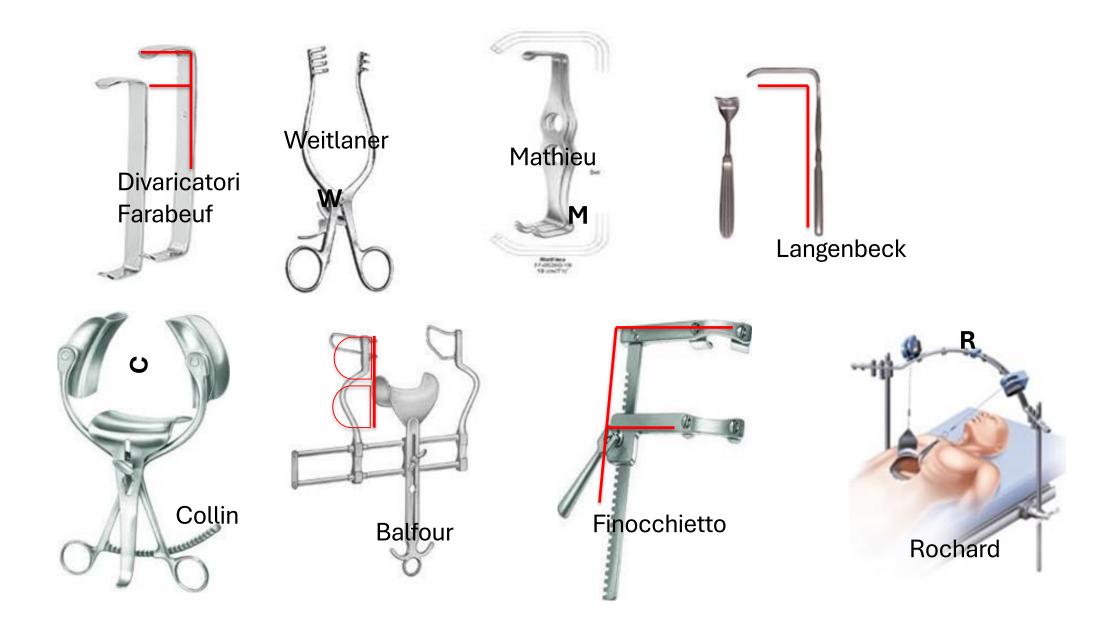
Portaghi Mathieu



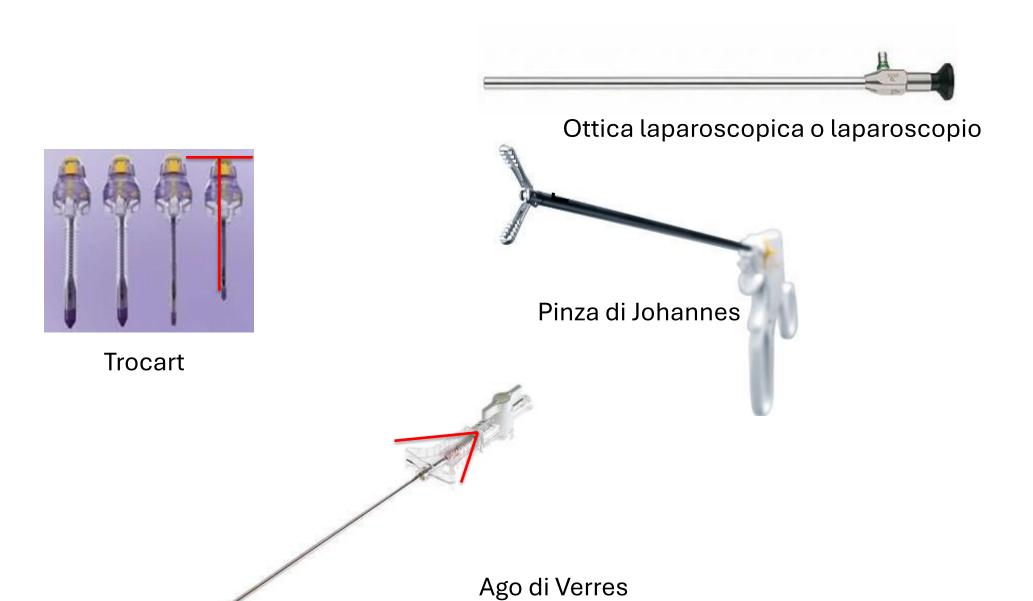


Portaghi Mayo-Hegar













Questions?



Indice

- Semeiotica addominale
- La sala operatoria
- Valutazione preoperatoria
- Complicanze in chirurgia
- Il reparto di chirurgia





https://www.youtube.com/watch?v=3rTsvb2ef5k&t=133s



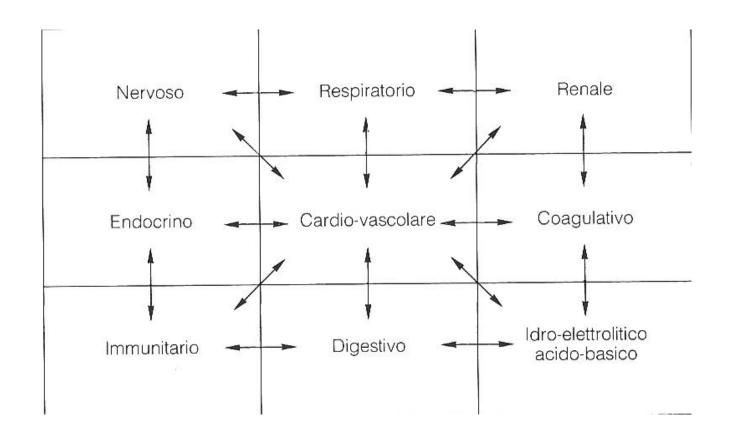
The global vision

- ✓ The fundamental question that the surgeon needs to raise is 'Is the patient fitted for surgery?'
- ✓ The prepared patient heals faster from the anatomical, physiological and psychological standpoints.
- ✓ Surgeons want to operate healthy patients. This is not a an oxymoron.



The global vision

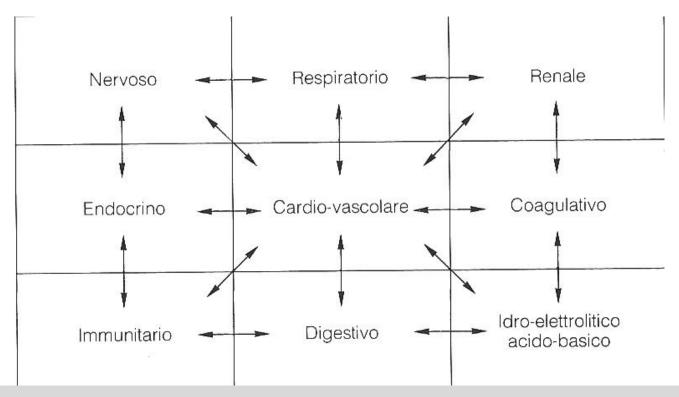
✓ What the surgeon needs is the global vision of the patient situation (i.e.: past and actual medical history).





The global vision

✓ What the surgeon needs is the global vision of the patient situation (i.e.: past and actual medical history).



- ✓ The body is made by many different and separate organs
- √ They work together
- ✓ Each apparatus is connected with the others



Factors to be considered in front of a patient candidate to surgery are:

- ✓ Biological for the underlying medical history. *Is there* any comorbidity that may deteriorate the situation?
- ✓ Pathological for the severity of the main disease for which the pt is awaiting surgery. May that disease be corrected, at least in part, from my surgery?



Estimation of the surgical risk

- ✓ The estimation of the risk(s) is important
- ✓ The literature is replete of methods
- ✓ What you need to know at this time of medical career is that for any surgery (cardiac, lung, vascular, liver, endocrine, etc...) several different score systems may be found and used.



Specific systems

- ✓ Respiratory risk
- ✓ Cardiovascular risk
- ✓ Renal risk
- ✓ Hemorrhagic & thrombotic risk
- ✓ Liver risk
- ✓ Nutritional and metabolic risk
- ✓ Infective risk
- ✓ Psychological counseling



Summary of the preop tests

- ✓ Detailed history taking + examination
- ✓ Respiratory: chest X-ray; ABG; spirometry; pneumologist
- ✓ Cardiac: chest X-ray; EKG; cardiologist
- ✓ Renal: BUN; creatinine; Na; K
- ✓ Blood: haemocrome; PT; PTT; thromboembolism
- ✓ Nutritional and metabolic
- ✓ Liver: AST, ALT, yGT, ALP, bilirubin, CHE, PT, Albumin
- ✓ Infective: sterile and technical procedures; antibiotic prophylaxis



Classifications

Classificazione ASA

- I: Paziente sano
- II: Malattia sistemica lieve senza ripercussioni funzionale (DM iniz. –TA iniz.)
- III: Malattia organica grave con ripercussione funzionale(Angina – BPCO – DM ID– Obesità severa)
- IV: Malattia sistemica che costituisce pericolo per la vita (Angina instabile, Insufficienza organica)



Classifications



Surgeon factors

- Surgeon washing hands
- Application of sterile procedures
- Rigorous surgical technique
- → Antibiotic prophylaxis

	DESCRIZIONE	ESEMPIO
PULITA	Chirurgia senza apertura di una cavità contaminata da batteri	Ernia inguinale
PULITA- CONTAMINATA	Chirurgia con apertura controllata del tratto intestinale, urinario o respiratorio	Colecistectomia
CONTAMINATA	Chirurgia con apertura non controllata del tratto intestinale, urinario o respiratorio	Colecistectomia con versamento di bile
SPORCA	Chirurgia con un'infezione stabilita	Appendicite



Indice

- Semeiotica addominale
- La sala operatoria
- Valutazione preoperatoria
- Complicanze in chirurgia
- Il reparto di chirurgia



What is a complication?

https://www.youtube.com/watch?v=nQ6AeUPYJgk



What is a complication?

A complication is anything that "goes wrong".

It is something that happen to a patient that should not have happened based on what is known, on what is the common and collective experience and on what is expected for the postop course.

Any deviation from the **standard** postoperative course.



! WARNING!

The surgeon cut, burn, tear, suture and staple the human flesh meaning an alteration of normal anatomy and physiology.

Thus, the use of inclusive and sensitive definition of complications means that most of the operations may be associated with complications.

Of course this is not the case.



Wound healing

Wound repair is classified in:

- ✓ **Primary** (*first intention*): when wound is immediately sealed (suturing, graft, flap closure). End result: small scar
- ✓ <u>Secondary</u> (spontaneous, *second intention*): when wound healing happens without *any active intent to seal* (usually for highly contaminated wound). End result: large scar
- ✓ **Tertiary:** in a delayed primary repair after repeated debridement.









Wound healing phases

Inflammatory phase (reactive); hemostasis and inflammation.
LIRS

Post-wounding days 0-3

Proliferative phase (regenerative or reparative). Epithelial migration and proliferation.

Post-wounding days 2-8

Maturational phase (remodeling). Contraction, scarring, remodeling of scar.

Post-wounding days 4-365

All the three phases may overlap



Wound healing issues

- ✓ Minor complicationsErythemaSerous discharge
- ✓ Major complications
 Hematoma
 Infections → Abscess



Prevention

«The fate of surgical wound is sealed *during* operation, almost nothing can be done after the operation to modify the wound's outcome» *Moshe Schein*

- Wash your hand before to touch a patient
- Antibiotics prophylaxis (when risk of contamination)
- Meticolous surgical technique: avoiding tissue stretch, tissue necrosis and bacterial contamination, do not leave useless artificial materials (drains, catheters, stitches)



List of complications

- ✓ Wound: seroma, infection, hematoma, dehiscence
- ✓ Respiratory: pleural effusion, pneumonia
- ✓ Cardiac complications: arhythmia, MI, cardiac failure
- ✓ Renal and UT: acute renal failure, infections
- ✓ Endocrine dysfunction: high/low gland functioning
- ✓ Gastrointestinal: nausea, vomit, diarrhea, leak
- ✓ Hepatobiliary: liver failure, jaundice, leak
- ✓ Neurological: clouded sensorium, vascular event
- ✓ Each specific surgery has specific complications

Please See the Dedicated Chapter on Sabiston



LIRS

All surgical acts provoke a **L**ocal **I**nflammatory **R**esponse **S**yndrome (**LIRS**), produced by locally generated inflammatory mediators characterized by

- redness,
- swelling
- warmth
- Pain

Aim of the LIRS is repairing of a local damage



SIRS

When the locally proinflammatory mediators of LIRS spill over to the systemic circulation, affecting the entire organism, it develop a **S**ystemic **I**nflammatory **R**esponse **S**yndrome (SIRS)



SIRS

When **two or more** of the following symptoms are present:

- **Temperature** $> 38^{\circ}$ or $< 36^{\circ}$ C
- Heart rate > 90 beats/min
- Respiratory rate > 20 breaths/min
- White blood cells count >12.000 or <4000 cells /mm³

Aim of the SIRS is to activate a neuro-endocrinimmunological cascade of events in order to restore a systemic damage



SIRS

USUAL PHYSIOLOGIC CONSEQUENCES OF A SURGICAL TRAUMA

- Fever (*mild*)
- Hyperglicemia
- Leucocytosis
- Hypoalbuminemia
- Oedema
- Tachycardia
- Weakness





Classification of complications

There are several different classifications that might be used to:

- ✓ Standardized the report of complications with the aim to limit the under-reporting as well as the over-reporting of complications rate.
- ✓ Increase uniformity and to allow comparison among units or centers.

One of the most used is the Dindo classification (Annals of Surgery 2004)



TABLE 2. Clavien-Dindo Classification of Surgical Complications		
Grade I	Any deviation from the normal postoperative course without the need for pharmacological treatment or surgical, endoscopic, and radiological interventions. Allowed therapeutic regimens are: drugs such as antiemetics, antipyretics, analgetics, diuretics, electrolytes, and physiotherapy. This grade also includes wound infections opened at the bedside.	
Grade II	Requiring pharmacological treatment with drugs other than allowed for grade I complications. Blood transfusions and total parenteral nutrition are also included.	
Grade IIIa	Surgical, endoscopic, or radiological intervention that is not under general anesthesia	
Grade IIIb	Surgical, endoscopic, or radiological intervention that is under general anesthesia	
Grade IVa	Life-threatening complication requiring intermediate care or intensive care unit management, single organ dysfunction (including dialysis, brain hemorrhage, ischemic stroke, and subarrachnoidal bleeding)	
Grade IVb	Life-threatening complication requiring intermediate care or intensive care unit management, multi-organ dysfunction (including dialysis)	
Grade V	Death of a patient	



TABLE 2. Clavien-Dindo Classification of Surgical Complications		
Grade I	Any deviation from the normal postoperative course without the need for pharmacological treatment or surgi Minor complications s. Allowed therapeutic regimens are: drugs such as antiemetics, antipyretics, analgetics, diuretics, electrolytes, and physiotherapy. This grade also includes wound infections opened at the bedside.	
Grade II	Requiring pharmac complications Minor complications wed for grade I are also included.	
Grade IIIa	Surgical endoscop Surgical endoscop Surgical endoscop	
Grade IIIb	Surgical, endoscop,	
Grade IVa	Life-threatening complication requiring intermediate care or intensive care unit management, sing Major complications hemorrhage, ischemic stroke, and subarrachnoidal bleeding)	
Grade IVb	Life-threatening cc management, mult Major complications ensive care unit	
Grade V	Death of a patient	





Questions?



Indice

- Semeiotica addominale
- La sala operatoria
- Valutazione preoperatoria
- Complicanze in chirurgia
- Il reparto di chirurgia





REPARTO DI CHIRURGIA





Ward

Anamnesi Esplorazione + Parametri vitali Drenaggi e cateteri



Ward

DRENAGGIO → (dall'inglese to drain: prosciugare)

- in ambito sanitario si intende un sistema temporaneo che consente, attraverso flusso monodirezionale, la fuoriuscita di liquido organico o di gas da cavità naturali oppure neoformate in seguito ad un intervento chirurgico.
- solitamente collegato ad un sistema di raccolta per valutare qualità e quantità.

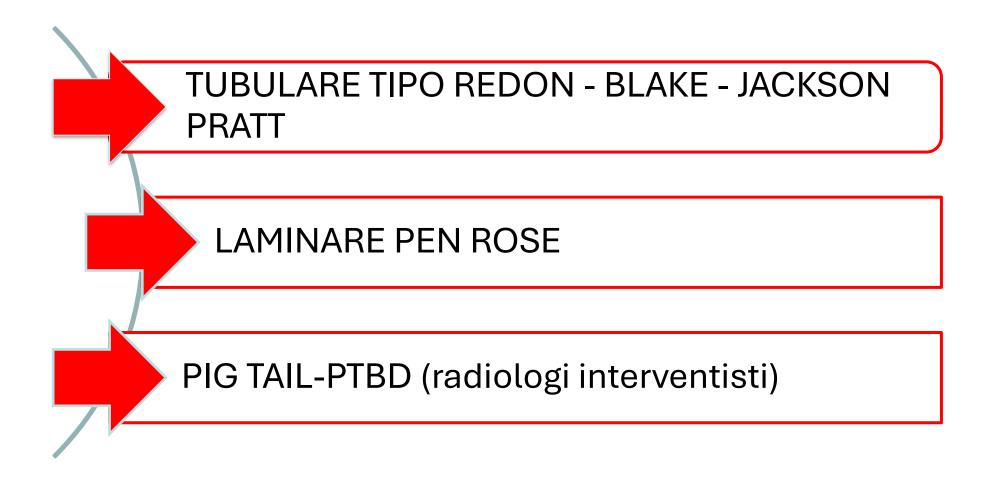


Ward

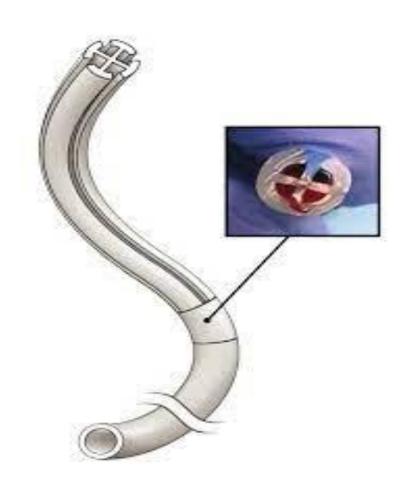
DRENAGGIO → (dall'inglese to drain: prosciugare)

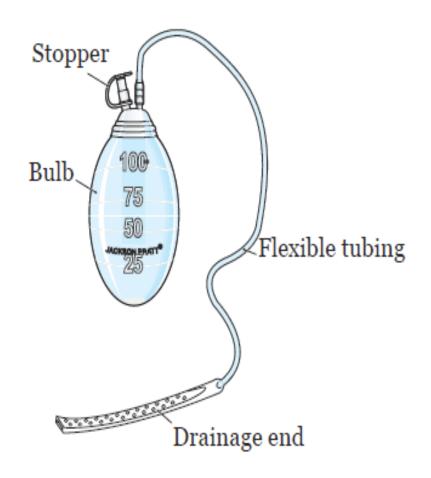
- Funzione terapeutica: permette la fuoriuscita di liquidi in eccesso che si accumulano in una cavità.
- Funzione profilattica: posizionato in sala operatoria, al termine di un intervento chirurgico (Evitare formazione di raccolte, prevenire eventuali infezioni).
- Consente il monitoraggio di eventuali complicazione (ci consente di avere un occhio all'interno del paziente)



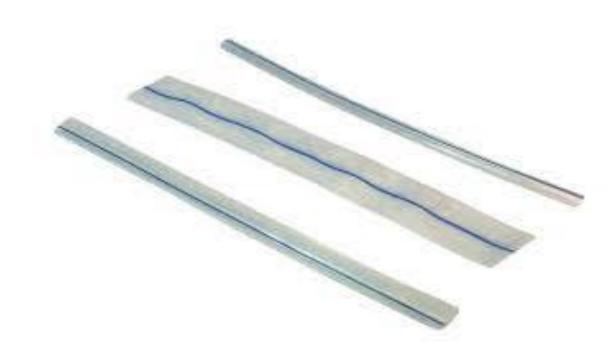
















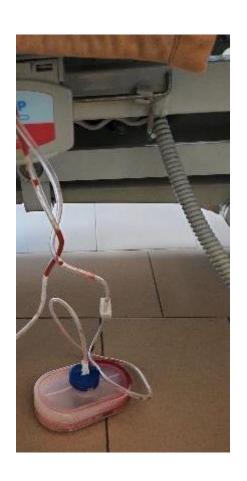






- Drenaggio SIEROSO: presenza di siero
- Drenaggio ASCITICO: presenza di liquido ascitico (attenzione alla quantità!)
- Drenaggio SIERO-EMATICO: presenza di sangue misto a siero
- Drenaggio ematico: presenza di sangue color rosso vivo
- Drenaggio purulento: presenza di pus
- Drenaggio enterico: presenta di materiale enterico
- Drenaggio biliare: presenza di liquido biliare
- Drenaggio pancreatico: presenza di secrezione pancreatica
- Drenaggio chiloso: presenza di linfa

























Postoperative management

✓ Enhanced Recovery After Surgery (ERAS program)

The ERAS program are nowadays available for gastrointestinal surgery. In those places in which such programs are routinely applied one of the most important steps is the psychological counselling meaning that the prepared patient heals faster – even from the psychological standpoint.

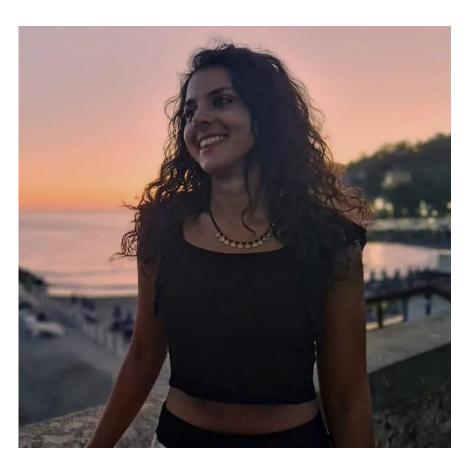


Credits:



POCOROBBA AMANDA

CPSI INFERMIERA



ANDORNO VITTORIA

CPSI INFERMIERA

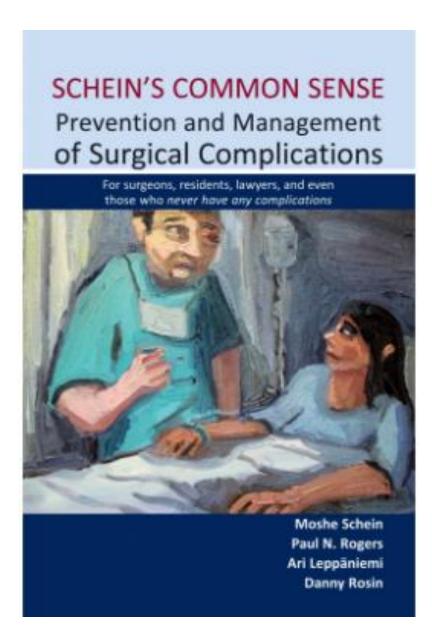


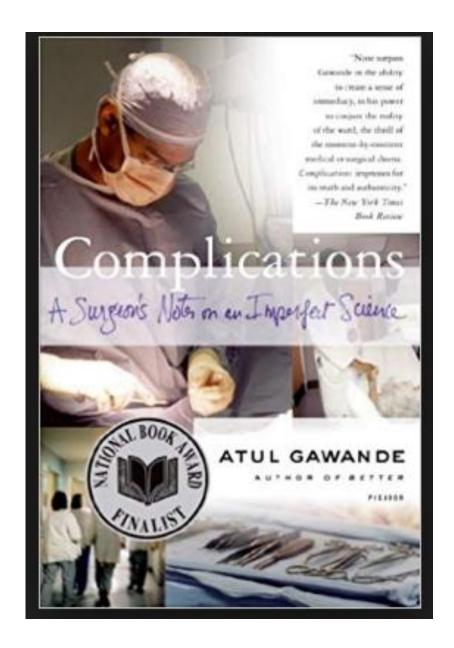


Questions?



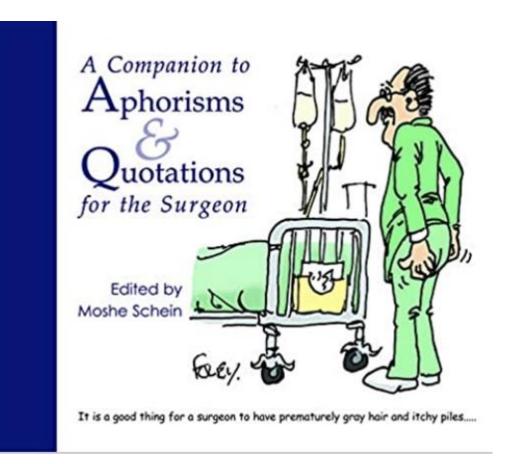
Suggested reading







Suggested reading







Questions?